



CRIME AND SAFETY AWARENESS DAYS EVALUATION REPORT

January 2017 – December 2017



“Investing in our young people for a positive future”

An independent evaluation, completed by the Charities Evaluation Service in September 2011, found that our programmes do help prevent young people from becoming involved in criminal activity. The messages that we convey are also remembered by young people for at least 2 to 3 years. You can see the full report on our website: www.pmnw.co.uk

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EXECUTIVE SUMMARY

Background

The No Way Trust was conceived in 1993 and was the brain-child of 3 prison officers, who wanted to do something to prevent young people from being locked up in prison.

Programmes and activities have been continually developed, in consultation with young people. The Trust has grown to such an extent that it has delivered work throughout the UK and continually consults with our Youth Advisory Group to ensure we meet the changing needs of young people in relation to crime and safety issues in society.

Since 1993 the Trusts' work has impacted on thousands of Secondary Schools and now actively engages with over 50,000 young people each year.

Our Vision is one where every young person leaves school with the knowledge and confidence to take control, make positive choices that avoid becoming involved in crime, stay safe and realise their full potential.

Our Mission The No Way Trust provides accurate information to children and young people between 8 and 18, to help prevent them becoming involved in risky behaviour or crime, make better choices and stay safe by delivering inspiring, interactive events predominantly within the school environment across the UK.

Crime and Safety Awareness Days

In the period covered by this report, 141 Crime and Safety Awareness days were delivered to around 34,000 secondary school pupils across the country, to inform them of the choices that they will have in life and the consequences of making poor decisions that could harm their own personal safety or lead to a custodial sentence.

Client Feedback

A sample of 3936 pupil feedback questionnaires showed that 3800 i.e.99% of respondents felt that the day was valuable or very valuable. This is convincing proof that what the Trust delivers is effective.

Conclusion

The Trust continues to deliver unique and interactive experiences that make a real difference to young people across the country. Through the Website Forum, pupil feedback questionnaires and continual evaluation, we strive to move forward and encompass change as an integral part of our ongoing development.

MULTI-AGENCY CRIME & SAFETY AWARENESS DAYS

This is our main programme of work delivered in partnership with schools and a wide range of services, professionals, and volunteers. Audiences are usually 12 to 15-year olds. Each day is individually tailored to local crime and safety issues, as determined by the school or college, from a suite of workshops which include: Anti-Social Behaviour, Choices, Gun and Knife Crime, Prison Environment, drugs and links to crime and irresponsible behaviour, Extremism, Domestic abuse, Child Sexual Exploitation, and consequences of social media misuse, grooming, a replica prison cell, a road traffic accident, arson and hoax calls, a youth court etc. More expansively this can be: -

- + Anti-social behaviour scene re-enactment involving young people participating in these days
- + Live talks and presentations from serving male and female prisoners (and former prisoners now employed by The No Way Trust) about the effect crime has had on their lives, their victims, their families, and future aspirations
- + Gun and Knife crime awareness
- + One Punch, a discussion around alcohol and fighting and the potential consequences
- + Visit to a life size replica prison cell
- + A magistrate's court with participants involved in deciding punishments for crimes
- + Drugs, alcohol, and crime related issues
- + Support and Care after Road Death and Injury and consequences of car crime, not wearing seatbelts, texting at the wheel or reckless driving etc.
- + CEOP - Child Exploitation Online Protection and social media misuse
- + CSE – Child Sexual Exploitation
- + 'RESPECT' including online grooming, radicalisation 7 extremism
- + Harassment and Healthy Relationships
- + First Aid
- + Plus, many more



WHY A CRIME & SAFETY AWARENESS DAY?

Our young face far more difficult challenges and choices than any previous generation. An increasing number of children and young people are being exposed to alcohol, crime, anti-social behaviour, gang culture, knife or gun crime, misuse of legal and illegal drugs or are being exploited in many other forms.

The modern social media age has advanced the world, but also exposed children and young people to increased dangers and temptation at a much earlier age than previous generations. The resulting consequences can have a damaging affect and can lead to a lack of education, deprivation, unemployment, poverty, poor health, homelessness, exploitation, and prison.

Our overriding message is that any one of us can go to prison and it only takes one poor choice to turn many lives upside down and this is demonstrated through the various activities we provide. Our charity provides a diverse and quality range of interactive; area specific; learning programmes for children and young people with a commitment to helping the neediest, vulnerable, and underprivileged; inclusive of all.

Aims and Objectives of Crime and Safety Awareness Day

- To help young people develop an awareness of the consequences of crime
- To help young people gain a greater respect and understanding for others
- To increase awareness about being responsible for one's own actions
- To raise awareness amongst young people that the law is there to protect them and their community
- To build a greater understanding of Citizenship within young people
- To help young people recognise the difference between real prison life and that portrayed in TV dramas
- To show effects of drugs, legal and illegal, and the link between drugs and crime
- Increase awareness about the impact of crime upon victims and the community
- To help young people stay safe, reduce risky behaviour, avoid involvement with criminal and anti- social behaviour
- Seek to discourage the vulnerable young from making a mistake that could ruin their adult lives
- Effects of anti-social behavior and crime in local communities
- Looking at legal and human rights
- To promote the value of adopting positive lifestyles
- Promote career opportunities amongst services involved

Crime and Safety Awareness Day Workshop Information

Individual schools determine sessional themes to ensure local issues and concerns are included. All sessions are intended to be interesting, interactive and thoughtfully delivered. We are conscious that within our audiences there will be at times young people with a close relative or loved one in prison. We will always encourage young people to be supportive of their peers who may have a loved one in prison or has been a victim of crime. We never knowingly seek to cause any distress or compound any young persons' problems. The affinity and mutual respect built up between PMNW team members and young people on these days has brought several child disclosures over the years and ensured young people in need of help have been able to receive help.

STREET SCENE

A life size Street Set including a house, shop and graffiti wall provides role play opportunities for audiences and brings issues out on the street to life. Sessional features include anti-social behaviour and/or criminal behaviour in and out of school and effect this can have in local communities, social media misuse and consequences, and how the law works and is applied. Though not guaranteed, wherever possible local Police support the session helping them to bond with young members of the community and create a better understanding of their role in protecting the young and their community.

FIRE SERVICE

This is an honest and emotive session, where possible delivered by real- life fire fighters, to provide a real edge and credibility to the session. It covers the work of the fire service in keeping communities safe, dangers of fire, safety in the home and importance of fire alarms and the consequences of arson and hoax calls. Real- life 999 telephone recordings and films are often featured

ST. JOHN AMBULANCE & BRITISH RED CROSS

You can never get enough first aid and this session helps teach young people what they should do if they are ever in the situation where they need to give first aid. Young people are also educated in car safety, accidents, injuries and drug related effects.

DRUGS, ALCOHOL & CRIME

The rise in the use of psychoactive substances, alcohol and drug fuelled behaviour amongst the young is increasing and features extensively in these workshops. The sessions also explore both legal and illegal drugs, the consequences of misuse and the link between drugs and crime. It further provides advice and support information

CEOP (Child Exploitation Online Protection & Social Media Misuse)

Our team have been trained in this very sensitive and increasingly emotive issue. This evolutionary age has brought huge technological advances but also increasing dangers for young people. Sessions investigate online safety, consequences of sexting (sending inappropriate images by mobile/internet etc., etc.), cyber-bullying, criminal misuse of IT and a whole lot more besides. Sessions overall are designed to help young people behave responsibly, stay safe, report concerns they may have and highlight where they can seek advice and support.

PRISON CELL (Including Prison Officer Presentation)

A replica life size fully furnished prison cell provides a realistic and accurate insight in to living within a prison cell. Serving Prison Staff escort groups to view the cell and provide classroom sessions incorporating other prison artefacts as well as providing an overview of how crime and prison affects those who commit crime, their families, and victims of crime. Many aspects of prison life including searching, reception, work, role of prison dogs and prison life generally are covered. The sessions, whilst honest and accurate, are not graphically detailed nor are they intended to scare, or cause upset. Sessions are sensitively delivered and provide an accurate account of the British Penal system. They further help to correct misconceptions often caused through exaggerated and inaccurate television programmes and social media platforms.

RESPECT

Radicalisation and extremism are an increasing concern creating divisions, tensions, and uncertainty across communities. These sensitively delivered sessions investigate issues in a way that promotes respect for the diversity of British communities and values; and encourages audiences to debate, enquire, challenge and/or question what could influence somebody to become radicalised, report concerns and stay safe.

NAOMI CHERI GOUGH FOUNDATION

These sessions can be powerfully emotive and involves families bereaved through car accidents. These sessions aim to promote the preservation and protection of health and the saving of lives by raising awareness of road safety and the consequences of road traffic collisions. Sessions also promote the benefits of sensible and considerate driving for young drivers and the consequences of not doing so.

MAGISTRATES ASSOCIATION/ YOUTH COURT/PROCURATOR FISCAL

Local Magistrates/Procurator Fiscal stage mock trials with real solicitors and court clerks where available. Young people act out and work through the procedures of a youth court and participate in the sentencing process with an opportunity to air their views and opinions. The court is set up and played out as would be done in a real court setting and provides an understanding of how the law and justice is administered.

GANGS, GUNS, KNIVES & WEAPONS

Largely presented in major inner cities, sessions deal with the potential lethal consequences of being involved in gang, gun, knife, or weapon crime. Sessions investigate the dangers particularly of young people carrying real guns, replica guns, real knives or any other weapon which are becoming an ever- increasing and dangerous feature in some areas of today's society. Sessions further explore why young people may feel the need to carry a weapon and the potential dangers and consequences of doing so.

CHOICES - PRISONERS INSIGHT

Former Prisoners and serving prisoners (released on licence) provide sessions about their life choices to date. Serving prisoners are accompanied by a member of the PMNW Team. Both former and serving prisoners explain about their choices and lifestyles prior to custody, crime and sentence, victim empathy, and impact prison has had upon themselves, their families, aspirations and future life. Sessions also include opportunities for audiences to ask questions.

ONE PUNCH

Violence, usually fuelled by alcohol or drugs, is on the increase. Real CCTV footage and real-life stories are shared, and young people get to explore circumstances and causes of often unpredictable and impulsive actions that can leave a person either dead or seriously injured. This session also helps young people to be more alert of the dangers that exist around them, stay safe and avoid confrontation

VICTIMS OF CRIME

Sessions investigate the impact and what can be for many, long- term consequences of crime upon victims, their families, and friends. It further provides advice for young victims of crime and avenues of support for anybody suffering distress.

TRANSPENNINE EXPRESS & BRITISH TRANSPORT POLICE

Session educates young people about dangers of trespassing on railways, running closing train barrier crossings and consequences of misbehaviour in stations and on trains.

NORTHERN POWERGRID

The dangers and potential consequences of hanging around or playing on power pylons and electric stations are explored in detail. The sessions are designed to ensure young people understand that you don't have to touch electricity for it to arch and cause serious injury or death and that simply being anywhere in the vicinity can have life changing consequences. Be sensible, be smart and be safe are the key messages.

HARASSMENT & RELATIONSHIP

Introduced during 2017 devised, developed and presented by the Prison Me No Way Youth Advisory Group (YAG) in conjunction with young audiences. The sessions look at what is a healthy and potentially unhealthy relationship. Sessions enable young people to be aware of the signs that could be harmful to building a healthy relationship. YAG also provide guidance on how young people can protect their personal safety and well-being and identifies support available to them should if required.



STATISTICS

A Big Thank You...

The No Way Trust would like to express our sincere gratitude to the young people and teachers from the following schools who provided feedback during 2017

Arthur Mellows	Cambridgeshire
Ashfield School	Nottinghamshire
Audenshaw	Lancashire
Aylesford School	Warwickshire
Belmont Community School	County Durham
Bourne Academy	Lincolnshire
Bushey Academy	London
Cockburn Academy	West Yorkshire
Consett Academy	Durham
Cottingham High School	East Yorkshire
Chenderit School, Banbury	Northamptonshire
Corby Business Academy	Northamptonshire
Driffield School	East Yorkshire
Ellis Guilford	Nottingham
Fareham Academy	Hampshire
Fulham College Boys School	London
Fulham Cross Girls School & Language College	London
Bridlington Headlands	East Yorkshire
Hayling College	Hampshire
Harwich & Dovercourt High School	Essex
Hessle High School	East Yorkshire
Highams Lane School	Staffordshire
Hillsview Academy	Tyne & Wear
Hollingworth Academy	Greater Manchester
Howden School	East Yorkshire
Hornsea School	East Yorkshire
Huxlow Science College	Northamptonshire
Kirk Hallam Community Academy	Derbyshire
Leeds West Academy	West Yorkshire
Leeds City Academy	West Yorkshire
Oasis Academy	Oldham, Manchester
Ormiston Maritime Academy	Grimsby, Lincolnshire
Park View School	South Shields
Park View School	Chester-Le-Street
Parkside Academy	Durham
Tadcaster Grammar	North Yorkshire
The Parker E-Act Academy	Northamptonshire
Tupton Hall School	Derbyshire
Rushden Academy	Northamptonshire
Scalby School, Scarborough	North Yorkshire
Shirebook Academy	Nottinghamshire
Sirius North Academy	East Yorkshire
Skegness Academy	Lincolnshire
Snaith School	East Yorkshire

South Craven School
Stockport School
St John Wall
Whitworth Park School & Sixth Form College

North Yorkshire
Cheshire
Birmingham
Spennymoor

3936 pupils' feedback questionnaires were selected from 48 schools listed in the previous section. Pupils were asked for an overall opinion of their Crime & Safety Awareness Day experience and replied as follows: -

- A) Very Valuable B) Valuable
C) Not Valuable

Pupils replied: -

Very Valuable	2175	(56%)
Valuable	1705	(43%)
Not Valuable	56	(1%)
Total:	3936	

Of those pupils who answered, 99% described the Crime and Safety Awareness Day as being very valuable or valuable, only 1% described the day as not valuable.

Pupils were also asked, having experienced a Crime and Safety Awareness day, whether they would be less likely to commit a crime. Out of those that replied 84% said they would be less likely to commit a crime.

Included within this section is a small sample of positive personal comments we have received from both teachers and school pupils.

Teacher Feedback

Brilliant – couldn't have been better! Massive 'eye-opener' and really believe the students got a lot from it – Inspirational.

Really great session. I believe they learnt a great deal about life in prison.

Told them the true facts, brought it down to reality and facts given to them that they would not have been made aware of.

Wonderful workshops with great opportunities for students to get involved. Very clear and to the point!! Thank you!

I would just like to say that I thought the day was one of the best workshops in my 17 years at Cockburn School that I have ever been involved in.

Really engaging – incredible impact on students. An amazing way of injecting humour into a very deep/reflective subject to engage our students. Such a powerful and emotional experience.

Very valuable. Students listened intently throughout. Gave them all a really good insight into making correct choices and the importance of education.

Important information presented in an interesting way which kept the students attention. You could see them thinking!

Really useful – I could see by their reactions and facial expressions that it had affected them. The combination of visual aids (the replica cell and uniform) with anecdotes was very powerful.

The students got a lot out of the sessions. They were spoken to like adults which was really good to see.

I have never known the pupils so quiet and attentive. I think our pupils may think about choices in the future. Students were enthralled and eager to ask questions. Thank you!

Students thoroughly engaged. Excellent way of raising awareness and making students consider the consequences of their actions.

Engaging talk! Excellent insight into prison life from the view of a prison officer. I personally learnt a lot myself.

Had the students engaged from the moment they walked in. Spoke with confidence – talking personally involving some humour had the students 'eating out of his hand'.

Handled questions from the students brilliantly and answered honestly.

A fantastic session – the most engaged I have seen the students! Very powerful story delivered with sincerity; I'm sure this will stay with the pupils for a long time and impact their decisions positively.

Very valuable. Students no longer believe prison is like a hotel where you sit around playing x-box all day, being brought 3 luxury meals a day.

Excellent! The kids really need a no-holds barred talk like this. Very age appropriate content.

Some key messages given that really challenged pupils' perceptions. Pupils asked quite challenging questions and were not afraid to voice their opinions. Challenged stereo types.

Experience of the cell was fantastic – dispels myths of size, facilities etc and gives true reflection/stories of real life in prison.

A truly deeply moving experience. The group were more focussed than I had seen them before and clearly gained a great deal from the discussion. Thank you!
Really fascinating and definitely saw a change in pupils' attitudes throughout. Made a big difference to one child in particular.
Extremely thought provoking and challenging content. Very relevant material delivered thoroughly, this type of education is essential for young people in today's climate. Really good analogy about the difference between terrorism and extremism.
Excellent talk, very interesting. Pupils quiet but facial expressions told a story. For certain youths in the group (known to myself-PCSO) it seemed to make a difference after realising the reality of the possible outcome of their actions. A regular input to remind youths of the consequences would be a massive benefit!
Very informative which created discussion/debates with young people regarding prison life. Excellent approach to the topic, well presented with nice resources to support the subject. Pupils enjoyed with mature responses.
The presenters were charismatic and the pupils were hooked immediately, asking intelligent questions and thinking deeply. I am convinced that this session had a positive impact on our pupils and will make them think twice before committing any crime!
One particular student arrived thinking he knew it all.....he left rather more quietly than he arrived.
Inspiring, needs to be in schools all day every day.
It was interesting to see the students coping with the discipline from the officers.
This was a challenging group of students but the impact in the room was truly remarkable. Superb.
I have not stopped talking about it. I believe I will talk about this for many years to come.
Completely engaging! Absolute respect to your guests for speaking truthfully about their experiences – the students were hanging on their every word. Massive impact – thank you.
Fantastic presentation illuminating facts about commonly used social media platforms. Really hit home how social media can cause harm BUT also how incidents are being dealt with by law enforcement.
The best outside session I have seen in 11 years of teaching. This is exactly what they need.
My fourth year in a school and by far the best thing I have witnessed.

Young People Feedback

Fire

It only takes 3 minutes for a fire to engulf a typical living room. Arson can ruin your life, not get a job, house etc.
We learnt how fast a fire can spread and how to prevent fires.
This educated me about arson and the circumstances. It also showed me how fast fire spreads and to have awareness.
This helped me understand how fast fire grows and what might happen if it grows fast. It also showed me not to mess with fire.
I learnt the impact that a hoax call can have on how the fire service functions.
It showed us how one small thing you think is funny can lead into things so much bigger.

Street Scene & Police

I learnt what antisocial behaviour is.

This was entertaining. It taught me about criminal offences and the laws on trespassing etc.

It gave me a strong understanding of antisocial behaviour.

Shows how small stupid actions can have a large impact to everyone involved.

Take care and to understand that there are other people in the community.

It helped me realise not to hang around with the wrong people.

The street scene taught me never to be in a gang.

I learnt that we need to respect the streets we live on for the community.

Learnt what anti-social behaviour is and how to avoid it.

The benefit I took away from this workshop was that although you are having fun you have got to respect other people's lives besides yours.

St John Ambulance & Red Cross

Now I am more confident when it comes to provide first aid to people in need in everyday life. Thanks!

I learnt that on a baby you use 2 fingers and a child one hand and an adult 2 hands.

I learnt how I can help someone with simple first aid skills.

We all learnt about the recovery position and how important this is

Hope I never have to use what I learnt but if I do I hope I can remember what to do

If a member of my family ever becomes unconscious I know what to do now

I learned how to do CPR and how to help when someone is in trouble.

Child Exploitation Online Protection / Child Sexual Exploitation

I can now take extra caution when on line and I am always aware of the possibilities.

I now know to never talk to people on line that I don't trust.

Made me realise not to trust people on line that I don't know.

This workshop was very informative and I learnt not to give out personal information.

I felt a lot safer after knowing how the predators work and places to report it.

This taught me how easy it is to be groomed but I now know the warning signs and how dangerous it is to talk/meet with someone you don't know. Also, that pictures are never gone.

This lesson made me more conscious about using social apps.

Make sure you don't give away where you live or your school in pictures you post

Naomi Cheri Gough Foundation

Shows how to make the right choices so you're not in danger/putting someone else in danger.

It taught me the importance of driving and cycling safely to prevent bad injuries/death.

It will teach me to teach my parents when they are driving

Doesn't matter how safe you are on the roads; you need to look out for others

OMG – didn't know it was Steve – he was so brave and funny and made me cry

I will never forget this for as long as I live

I will try to learn from this when I learn to drive

Magistrates/Procurator Fiscal

This gave me an idea of how it works in a court. I enjoyed listening to each side and learning about the law.

This helped me understand what happens to some criminals and how they are sentenced and how you find the truth.

This workshop made me understand how it all works/why the judge wears a wig and how the final decision is made.

Learning how the law worked was really fun.

Took away how to act in Court, what reasons people go to court and how to pick out things that don't add up.

I now have improved knowledge about how someone is convicted.

It helped me learn what it's like to be a Magistrate.

Learnt what it's like to be in a court and the skills you need.

Helped me understand court as I want to be a forensic scientist so will need to present evidence.

Drugs, Alcohol & Crime

Scary to learn how people have died in horrible ways over drugs.

Learnt how easily people are groomed into becoming gang members.

We heard true stories which gave me an idea about the high likelihood of death in gangs.

Don't get influenced by bad people or people offering things on the street.

I learnt that if you ever want to get help to try and change your life and stop drinking then you only have to get in contact with the AA and they will support you.

Never take drugs at a young age just to fit in.

He gave us valuable insight into the world of alcoholics.

I learnt how difficult it was to stop drinking.

This taught me not to underage drink.

This helped me because now I know that drunk people don't have a clue what they are doing.

It not only made me understand why it's dangerous to drink, but it also made me understand the struggles my dad has.

Prison Cell / Prison Life

It made me realise how small a prison cell is.

It made me think about my life compared to a prisoner's life.

How cramped it was in a cell helped me see how hard it would be for a prisoner.

I REALLY don't want to go to prison now.

I learnt that if you keep yourself out of trouble then you won't be put in a horrible place.

I really enjoyed this workshop because he really involved us and he was also very funny.

I learnt what prison is and how I never want to go there ever. No thank you.

This was fun and showed me what prison is like and made me determined not to end up there.

Seeing the cell makes me not want to go to prison and all of the rules/people seem intimidating.

People in prison have to share a cell without any say who with.

I have learnt that a prisoner may have to stay in their room for 23 hours.

Choices - Prisoners Insight

It helped me to understand real life situations.

Gives you a first-hand view of what it would be like in prison. Makes you not want to commit crimes.

It has helped me understand how choices can affect your life and how it affects your family the most.

I learnt that nothing you do is worth hurting your family and losing everything for.

I think he could make a difference to someone's life.

Try hard in school and don't mess about and get into fights. Listening to someone's experiences is inspiring, it made me want to be the best I could be.

This helped me to think more about my decisions and don't make stupid ones.

Makes you understand why you shouldn't commit crimes.

It was interesting to find out from an actual prisoner what it is like in prison and how it makes you feel.

It made me realise that the wrong choices in life all have consequences.

When Anthony told his story it made me want to make good choices.

This affected me the most because it explored what family members go through.

Absolutely incredible story from Anthony was an inspiration today. Me and my peers couldn't stop talking about him all day (and for the rest of the week). It was such an amazing experience to be able to hear a first-hand account of his life. I liked the fact that Anthony was very open about his past and how he kept saying "life is what you make it to be".

Gangs, Guns, Knives & Weapons

I learnt that you shouldn't carry a knife because they could be used against you.

The smallest things can make the biggest changes in life.

Being in the wrong place at the wrong time can be fatal.

It is illegal to use a knife to defend yourself

Fire Arms unit will only shoot at a criminal if they threaten them by pointing a gun

It taught me that carrying a knife will not get you through life and it's not protection.

I learnt plenty about dangers of carrying disguised firearms and the consequences

Young people are dying every week because of knives

Carrying a knife won't protect you

The Police have a difficult job knowing what is real and what isn't

Best way to deal with crime is report it

ASBO/One Punch

Was very interesting knowing the damage from one punch.

Made me understand the consequences of one punch.

Don't hit someone.

It taught me that anything can happen in a split second so make the right decision.

I learnt that if someone tries to fight me, walk away, be the bigger person.

If you are with someone who assaults a person, although you didn't do anything because you are with them, you can get into as much trouble as them.

I learnt how much drinking can alter peoples' thinking and behaviour and get them into trouble.

Harassment & Relationships / Victim Support

It has made me more aware as a young person about how as I get older some relationships I get involved with may be uncomfortable and I know a place that I can call up if I am a victim or a witness.

It has helped because it has showed me that I should not do in a relationship. Also, has taught me all the consequences to all of the actions and what kind of abuse is Domestic abuse.

Helped me understand what to do if I was a victim.

I think we should support our friends and family who are the victims of crime to make them feel better.

I learnt loads of different types of abuse.

I learnt that many people have problems and there is always someone there to help.

You can be a victim at any age



Transpennine Express / Northern Power Grid

It has helped me because I usually go near the edge of a train track without thinking so now I know to stay away from the edge because it can still drag me under without it touching me. It taught you how dangerous power grids can be and how many kids die from messing around.

I learnt the hidden dangers on railway lines such as electrified rails. This gave me an idea on why there are so many restrictions and fines in place.

Take care when on train stations and not go near the rails.

Never go in the way of trains anything could happen. Stay where you should, don't risk your life.

It makes you think that you shouldn't play on railway tracks.

I learnt how dangerous trespassing is and what effects it can have on you and the ones you love.

I learnt that I need to be a lot safer around and near train lines.

Taught me never to play around powerlines as they are dangerous.

Raised awareness of the different dangers of electricity.

Highly informative, makes you realise the reality of trains and police.

I have learnt not to copy anyone and to make my own choices.

It can take up to 2000 metres to stop a train going at 100 mph.

Have you learnt anything from today?

I never want to go to prison because it's not good.
That prison is somewhere you never want to go!
How prison isn't how TV presents it and actually is quite different in reality.
It was extremely interesting and this makes me want to listen to my parents better.
It helped me understand that education should always come first and that if you focus on school you will have a good outcome from that.
Learnt why you must always make the right choices.
It was truthful and a very good experience. It gave me a lot to think about.
It has changed my mind.
To change my behaviour in public and doubly make sure I'm not doing any crimes.
That your choices matter and to persuade you to give yourself a good life.

What particularly stands out in your mind from the workshops?

What prison is really like, I always presumed things from the TV but today I saw it with my own eyes and I now know everything I need to know to make me STAY AWAY FROM PRISON.
How much information they passed on.
Everyone's real and there's no actors and it's not videos on a computer it's real people.
The workshop was really good I enjoyed every single workshop they were all interesting and gave me a lot of advice for my future not to get involved with this type of stuff.
I think the personal experiences of the staff stands out the most and really touches you. The story's they share are incredible and I think what they are doing to help people is brilliant!
In the workshops they talk honestly and seriously and they tell it straight.
The main thing that stood out was how passionate they were about their presentations and how strongly they feel about it. This helped clearly get their point across and had a massive effect on our opinions.
They are emotional and effective.
Anthony's story because it was real.
Everything, it was very interactive.
How important your life is and how fast it goes.

What have you said to your family/friends?

I told them how good my day was and what I had been told.
I told my parents about the workshops, then I told my sister and grandma. They thought it sounded ace! I told them everything.
I was speaking to my mum about what we did. I was telling her about what to do in a fire emergency etc.
I told them that we all need to take care in what we do as it will change all of our lives forever.
I told them that I learnt so much and that it was really fun.
I told them how bad prison looks and that after today I never wanted to go.
I told them it was a great day learning what life was like in prison.
I told them about the workshops and how it's a good idea to educate the youth!
I told all my mates and they all looked interested, also I told my family and they said it's good advice towards my future not to get involved in that type of stuff and not wreck my life.
I spoke to my mum and dad and I said how fortunate I am to have had a school like Huxlow who brings in workshops for us so we can understand the reality of prison and law. Also I

told them about the ex-prisoner and choices/prisoner because I now know I take things for granted when I shouldn't.

I told my parents about what I learnt and said it was fun and I had an amazing day.

I told them it was "eye-opening".

I told them that it was very different to other days we've had when people come in and tell us stuff – I told them it was a lot better and actually made us think.

I gave them the web site.

Is there anything we could do to improve days like these?

No the day was great in every possible way!

I wouldn't change anything as it was a very interesting day.

I wouldn't change or improve anything because it was a fun and exciting day.

No, I learnt a lot as I want to become a barrister when I'm older.

No just extend the day so we have more time to take in more information.

Have more of these days.

They couldn't improve it as it was interesting, intriguing and you learnt many lessons.

No it was my favourite PD day I have ever had.

I wouldn't change anything. I had the best day I've ever had during my 3 years. You guys made it one to remember! I've not stopped going on about how fantastic my day was getting to work with such amazing people.

Make it over two days so we can do all the workshops.

Any extra comments?

It was awesome.

It was really fun and I will remember it forever.

If it stops one person offending, then it's well worth it.

I learnt a lot more than I thought I knew.

You learn a lot more than teachers telling you about it.

It was fun and I would like to do it again.

It was excellent!

It was amazing. I loved it 😊

Silly mistakes can change people's lives forever.

All the workshops were based on real life so it had a bigger impact.

Thank you for a wonderful day 😊



A SELECTION OF FEEDBACK FROM OUR WEB SITE AND LETTERS RECEIVED

Deputy Headteacher Kirk Hallam School:

Heartfelt thanks to you and your organisation 'Prison Me No Way' for organising the most powerful day for our Year 9 students. What an educational experience for them and for the staff fortunate enough to be present.

The power of the presentation began with Graham's no holds barred account of his work and his experiences in the prison system and from the skilful way that he incorporated the testimonies of the ladies who attended. We can't thank them enough for their honesty and openness in discussing such personal matters.

All who attended commented on the human nature of the stories and the personal and family prices that have been paid.

Please take strength in the knowledge that your work is having a powerful effect on children and adults across the country.

Teacher Consett Academy:

Without fail every teacher at Consett Academy involved was very complimentary of the day and Mr Elsener, Year 9 Achievement Leader, said it was the best 'Inspire Day' he had ever been involved in. The Head of Year 9, Mrs Parker said "I would just like to thank everyone for an amazing day. I feel all pupils gained something today that will hopefully make them think twice about their actions. Personally I was moved by the honesty and open way that the three ladies told their stories. What an impact! Well done again for spending the day with us and spreading your knowledge to my year group. Brilliant".

Teacher Consett Academy:

I felt compelled to write to you regarding yesterday's amazing workshops which engrossed our Year 9 pupils.

It is often very difficult to include interesting life-skills work within the timetable but you, together with your professional team, sustained the interest of all of our pupils for several hours. Each time we changed workshop, I secretly thought that what was to come could not be as good as the previous presentation. I was wrong! There was no weak link: pupils were engaged whether it was by boisterous involvement in the 'Street Scene' or simply demonstrating their empathy and understanding by the questions they asked in the AA workshop.

Thank you so much for an inspirational day. My form class loved every minute and, I am sure, learned several valuable lessons from their day.

Teacher (School Unknown):

Just a quick note to say how much our students and staff enjoyed listening and learning from Anthony. He is just amazing, and you could see clearly his passion for what he believes in. So much so that I know he has made a difference to our students' lives.

Teacher Bushey Academy:

Excellent use of humour to engage usually disengaged students from the very beginning. Very relevant, excellent references to bullying and cyber bullying. Students really appreciated the links to snapchat. I couldn't get over how well behaved the two gents managed to keep the children, particularly with such a big group. Excellent dynamic between the two presenters.

Teacher Consett Academy:

This was excellent and extremely valuable. Pupils were totally absorbed and engaged and this is difficult with this very opinionated form class. Pupils clearly enjoyed the session and found it informative and interesting. The tasks were levelled for this year group perfectly and all pupils were encouraged to take an active part in the lesson. This was thought provoking and I know the pupils will have plenty to say about this tomorrow.

Teacher Park View School South Shields:

Graham and the ladies have just left us and what an amazing day it has been. As a school we were blown away by the workshops today that all the students accessed. The girls were so brave and their delivery of personal stories was something to be proud of as I'm sure it's not easy talking about the sensitive details of their lives.

The students loved it and a lot of them returned for more than one session. Park View School, South Shields definitely gained a lot of knowledge linked to prison and laws today and thank you so much for the opportunity of using Prison Me No Way to get these powerful messages across, it really was an outstanding day that will be remembered for a long time.

Pupil Driffield School:

After experiencing the Prison Me No Way day I took away a lot of new knowledge I didn't know before. Not just about prison but about life in general. The speakers gave a lot of amazing advice and involved us in the talks very well.

For me personally the thing I found most interesting was when we actually got to listen to the prisoners and listen to their stories. I found it interesting how you didn't have to come from a bad background to go to prison and how it doesn't necessarily have to be your fault, it can happen to anyone at any time. The prisoners were very friendly towards us and didn't make me feel uncomfortable at all, they were all so nice and seemed like really nice people.

The prison bus was also a very interesting aspect of the day due to the fact that we got to experience what it is actually like to be in a real prison bus. I can't remember the names of the two officers but they made the workshop very interesting and made me want to keep learning more and more. I feel like they could not have made the talk any better and don't need to improve anything because it is already very good. They really understood how we felt from our point of view being at the age we are at.

In conclusion I think that Prison Me No Way was one of the best days I have had at secondary school. All of the officers were amazing and understood our feelings and understood from our point of view. My favourite workshop was when we got to meet the

prisoners because I found their story's very interesting to listen to. I would not improve anything from the day. I took home some very new and interesting knowledge and experience not just about prison but about life in general.

SUMMARY

Prison! Me! No-Way! continues to lead the field in innovative and impact learning. Year on year consistently positive feedback, programme longevity, dedicated and enthused volunteers and staff and a constantly evolving learning ethos is testimony to the impact and high regard placed upon the services by our partners, sponsors and service users; whose enthused and unwavering support we shall be forever appreciative of.

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